

## Extra Ordinary Living

### Client Questionnaire

Name \_\_\_\_\_

*Please take the time to complete, and email or fax me (540-342-3510) your responses to this questionnaire before our first call. Be thoughtful, truthful, and enjoy the inquiry. If answers are not clear, you may leave it blank.*

**Key people in your life:**

*Please include name and relation. For example, Suzy, best friend; David, husband. Put as many as you wish.*

**What do you want from coaching?**

**What do I really need to know about you that will help me most in coaching you?**

**What do you expect or desire from me as your coach?**

**In the past, how have you been motivated to make decisions, reach milestones, or do difficult things?**

**What is your passion in life, or in other words, what makes you happiest and most fulfilled?**

**What do you consider to be your personal and/or professional strengths?**

**Where do you see yourself in 5 years?**

**Are you aware of any behaviors/beliefs that stand in the way of you achieving professional success and having a life you really love?**

**How will you know how effective our coaching has been?**

**What are your favorite pastimes (name at least 3)?**

*Thank you. Answers to these questions will help me be a better coach for you.*